Instructions: What is a ‘poke page’? It’s just like it sounds… it’s a page for the kids to poke. 😊 Each page of this packet contains a letter of the alphabet they can poke (using something like a push pin) and an activity related to that letter to do as well. It’s fun to just tell the kids to ‘poke the letter’ and then let them interpret that as they will. Some will poke through each hole. Some will poke all over. There is no right or wrong. Only fun.
For each activity, simply follow the instructions on the page. Younger children (this packet is geared toward approximately age 5 and older) may need help with some pages (especially when it comes to reading or writing), but for the most part these are activities they should be able to handle with minimal supervision. (Although young children should definitely be supervised with their poking device. 😊)
Simply print the packet out, add the other needed supplies, and when Conference begins, pass the supplies out to your littles to keep their little hands occupied with something good.

Supplies Needed: Paper (regular paper is fine, or cardstock if you wish); Push Pin (or other easy-to-grip poking device); Crayons and/or Markers; Pen and/or Pencil; Scissors; Glue or Gluestick; Tape; Playing pieces for BINGO (“V”) & Game Board (“J”) (candy, buttons, whatever)… and I think that’s it! 😊

Special Thanks: This packet has been a real labor of love… for the second time! 😊 And while I’ve exhausted whatever creative juices I had left from the first packet in coming up with these pages and most activities are my original ideas, I cannot take credit for the majority of the artwork in it. Someday I will learn how to get my drawings on the computer, but for now I am extra thankful to those who generously share their digital artwork so we can all enjoy it. A special thanks to Nikki at MelonheadsLDSIllustrating.blogspot.com for her AMAZING artwork that she shares on her blog; The Friend for many of their pictures, coloring pages and activity ideas; and to the other various free clipart sites on the internet as well. And an extra special thanks to all of you for taking time and making an effort to help your children listen to and learn from General Conference. I hope and pray that your efforts are rewarded. Enjoy!

❤️ Debbie

FoodStorageAndBeyond.com
is for Attitude. Choose a good one for Conference!

When we listen to General Conference with the right attitude, we will be more in tune to the Holy Ghost and can learn the things Heavenly Father wants us to know!

Directions: Use the eyes, noses, and mouths on the following page to make different attitudes on this face.
Directions: Cut out each of the face pieces individually. Use them to make different funny faces on the previous page. Which faces look like they're ready to listen to Conference?

Eyes...

Noses...

Mouths...
B is for Baptism and the things that I promise to “Bear”.

Has anyone in Conference talked about ‘Baptism’?

The 3 Bears of Baptism

‘Bear’ the name of Jesus Christ

‘Bear’ one another’s burdens

‘Bear’ testimony
C is for the Commandments.

Solve this crossword puzzle by using the clues below (given from the Ten Commandments).

ACROSS
#1. Remember the ____ day, to keep it holy.
#4. Thou shalt not bear ____ witness.
#7. ____ thy father and thy mother.
#8. Thou shalt not make unto thee any graven ____.
#9. Thou ____ not kill.

DOWN
#1. Thou shalt not ____.
#2. ____ shalt not covet.
#3. Thou shalt have no other gods ____ me.
#5. Thou shalt not ____ adultery.
#6. Thou shalt not take the name of the Lord thy God in ____.
D is for Developing a Deep Dependence on the Savior.

Directions: Unscramble the words below to find some ways we can increase our understanding of and dependence on our Savior, Jesus Christ. Write the words in the circles to the right. Then place the letters that are in circles with numbers into their correct spots below to find another way we come closer to our Lord.

IHTA
GVRSNE
PRCIUTRESS
YRPAER
LOYH SHOTG
ENRTEP

I become closer to my Savior when I:

1 2 3 4 5 6 7 8 9 10 11 12 13 14
Endures to Endure to the End!

Help these Primary kids endure through the maze of life to make it to the Celestial Kingdom.
F is for my Family Tree!

(See directions on the following page)

Prophets have testified that our faith will be strengthened as we learn the stories of our righteous forefathers.
Directions: Choose the face(s) in each category that best resemble(s) the people in your family (you can 'borrow' from other categories if those match better). Write the appropriate name for each of your family members below each face you have selected. Then color the pictures, cut them out, and glue them into the correct spots on your Family Tree! Note: If you need help with names, please wait until in between sessions of Conference (or during a song) to ask your parents for help. ☺
is for Getting to know your Genealogy.

Directions: Pick someone in your Family Tree (someone still living) that you would like to get to know better. In between sessions of Conference, talk to them (call or visit) and ask them these interview questions. You can either write down their answers (on the back of this paper), or just listen as they share their special stories with you.

20 Questions to Get to Know Your Family Tree Better

#1. What is your full name? Why did your parents choose this name for you? Did you have a nickname?
#2. When and where were you born?
#3. How did your family come to live there?
#4. Were there other family members in the area? Who?
#5. What was your house (apartment, farm, etc) like? Were there any special items in the house that you remember?
#6. What is your earliest childhood memory?
#7. What kind of games did you play growing up? What did you like to do for fun?
#8. What was school like for you as a child? What were your favorite/worst subjects? Did you participate in any activities or sports?
#9. Do you remember any fads from your youth? Popular hairstyle? Clothes?
#10. What was your religion growing up? What church, if any, did you attend?
#11. Who were your friends when you were growing up? What are some of your favorite memories with them?
#12. Describe a typical family dinner. Did you eat together as a family? Who did the cooking? What were your favorite foods?
#13. How were holidays celebrated? Did you have special family traditions?
#14. How is the world today different from what it was like when you were young?
#15. What do you know about your family surname?
#16. Are there any stories about famous or infamous relatives in your family?
#17. Are there any special recipes that have been passed down to you from your family members? Special heirlooms?
#18. How did you meet your future spouse? What was it like when you proposed (or were proposed to)? Where and when did it happen? How did you feel?
#19. What was your proudest moment as a parent?
#20. What is one thing you most want people to remember about you?
H is for Helping Hands.

Directions: Trace YOUR two little hands in the box. Inside each hand, write down 2 things you can do to be helpful in your home. Once you have done them, cross them off and give yourself a high-five! 😊
I is for I Am A Child of God!

{See directions on next page}
Make an "I Am A Child of God" crown to wear during Conference. Each time you put it on, remember who you are, and that your Heavenly Father has a special message for you during this Conference!

Directions: Color your crown on the previous page, along with a boy or a girl piece on this page. Cut out all pieces (including the crown extensions). Glue your child piece onto the crown in the middle circle, and then tape your crown extensions onto each side of the crown. Wrap the extensions around your head and tape it so it fits snugly on your head (you will probably want to get some help with that part).
J is for Joy on our Journey to Jesus! (See next page for directions)
Directions: Color, cut out and assemble this game cube to use as the rolling dice for the game on the previous page. (Remember, if you need help taping the cube together, please wait to ask a parent during a song or in between sessions of Conference!) Place a playing piece (like a button, a piece of candy… whatever you want) at the ‘Start’ on the game board and then roll the dice to advance your playing piece along the path to our Savior, Jesus Christ. You can also play with other people and just take turns rolling the dice. When you get to the end, you can give yourself a little treat! (Or eat your playing piece… if it’s candy.) 😊

To Assemble the Game Cube: Cut along all the outer lines (but NOT the inside lines). FOLD along all of the inside lines (including the tabs) and keep folding into the shape of a cube. Glue or tape the tab pieces to the sides they match up with in order to secure the cube together.

---

I find joy in the smell of a flower. 
move ahead 1

I find joy in listening to good music. 
move ahead 2

I find joy in making someone smile. 
move ahead 5

I find joy in reading the scriptures. 
move ahead 3

I find joy in being with my family. 
move ahead 6

I find joy in talking to Heavenly Father. 
move ahead 4

I find joy in making someone smile. 
move ahead 5

I find joy in reading the scriptures. 
move ahead 3

I find joy in being with my family. 
move ahead 6

I find joy in talking to Heavenly Father. 
move ahead 4
K is for K.I.S.S.: Keep It Scripturally Sound!

When the prophets speak, they often use scriptures to support (or back up) what they are saying. As you listen to Conference, write down any scriptures the speakers quote here on this page. Later you can go back and look up those scriptures as a second witness of what you have learned in Conference.
is for the Love you share with those around you!

I can show love for others by…

- Smiling at someone
- Serving my neighbor
- Respecting the earth
- Sharing my toys
- Making my sister's bed
- Saying kind words
- Giving someone a hug
- Praying for someone in need
- Visiting someone sick
- Keeping the Commandments
- Being a good friend
- Giving someone a hug
- Taking a treat to someone
- Helping clean my house
- Doing temple work
- Doing Family History
- Helping clean my house
- Being a good friend

Directions: Color, then cut out the puzzle pieces. Put the puzzle back together while you think of the different ways you can show love. What are some other ways you can show love?

________________________
________________________
Missionaries help the Lord’s gospel spread to all the world. We can all be missionaries by being an example to our friends of doing what is right and by inviting them to join us for church activities! We can also show support to the full-time missionaries by letting them know we care about them.

Directions: Write a letter to a missionary. It could be someone in your family, or someone from your ward/branch, or a missionary who is serving in your area. Cut the letter out (along the dotted line) and then send it to the missionary. They’ll be so happy to get some mail!

THANK YOU For Serving!
N is for Notes & Inspirations. Take some good ones.

Pres. Monson talked about:

Pres. Eyring talked about:

Pres. Uchtdorf talked about:

Taking notes during Conference helps you to remember some of the important things the speakers talked about. However, it is not only important or helpful to write down the things they say, it is also important to write down the thoughts and feelings that come to your mind and heart as you listen to and feel the Holy Ghost. That is one way that Heavenly Father can speak directly to YOU during General Conference.
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O is for Obedience.

We believe in … obeying, honoring, and sustaining the law.”
-12th Article of Faith

Color and cut out the Obedience Badge. Tape it onto your shirt to remind you to be obedient to the Lord’s commandments, and to help others do the same.

As you watch General Conference, listen for some things the prophets are asking us to do. List them below and think about ways in which you can be obedient to those commandments.

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

___________________________________________________________________________

We believe in … obeying, honoring, and sustaining the law.”
-12th Article of Faith
P is for Prophets. Follow the P-R-O-P-H-E-T!
Q is for the Quorum of the Twelve Apostles.

Can you find:
(Thomas S.) MONSON
(Henry B.) EYRING
(Di!eter F.) UCHTDORF
(Boyd K.) PACKER
(L. Tom) PERRY
(Russell M.) NELSON
(Dallin H.) OAKS
(M. Russell) BALLARD
(Richard G.) SCOTT
(Jeffrey R.) HOLLAND
(David A.) BEDNAR
(Quentin L.) COOK
(D. Todd) CHRISTOFFERSON
(Neil L.) ANDERSEN
Reminds us to be Reverent and Respectful of others as we listen to General Conference!
S is for Stories from the Scriptures.

Don't let the people in the scriptures be just a bunch of faceless names. Come to know their stories as you read!

Noah was a just man, and... he walked with God (Moses 8:27).

Noah was the great-great-great-great-great-grandson of Adam. He was a good man, but most people in his day were wicked. He told them to repent, but they tried to kill him. He built an ark on which his family and two or more of every animal went. He saved his family, the animals went in. Two or more of every animal went in. It started ed harder and harder. Fountains opened under the sea and poured out water. It ed 40 days and 40 nights. The whole earth was covered with water. Everyone except the people and animals on the ark was drowned. After 40 days, the waters stopped and the ark came to rest on a mountain. Noah sent a dove to see if the water was gone. The dove came back. The water was gone. Noah sent the dove out again a week later, and it came back with a leaf in its beak. The water was going down. The next week, Noah sent the dove out once more, and it did not come back. The water was gone. When the earth was dry, Noah and his family and the animals left the ark. He built an altar and gave thanks. He made the rainbow in the sky as a sign that He would not destroy the earth again by flood. Many centuries later, as the angel Gabriel told Zacharias that John the Baptist was born to Elisabeth. He also told Mary that she would give birth to Jesus Christ. He was a great prophet, and we all his descendants.

(See Genesis 5-6, Moses 8:13-20; Bible Dictionary—Gabriel.)
T is for the Temple. I’m going there someday!

Directions: Connect the dots to reveal the picture. Then color it.

Salt Lake Temple
U is for the Unconditional Love of the Savior!

Jesus loves the little children
is for Valuing the words we hear at Conference!

Conference Bingo

temples  family night  resurrection

family  holy ghost  prayer

prophet  faith

work/service  family

love  baptism

free!  commandments

child of god  singing

church/sabbath  joseph smith

choose the right

atonement  sacrament

missionaries  jesus christ
is for the **Word of Wisdom**!

Directions: Help our friend, Walter, figure out which foods he should eat. See the next page for options!
Our friend, Walter, is hungry… except he can’t decide which things he should eat! Help him use the Word of Wisdom to figure out which items should go on his plate and which should go in the garbage.

Directions: Color and cut out each item. Read the parts of the word of wisdom listed here (or read in full in D&C 89) and then glue each item on Walter’s plate or in the garbage can, depending on if it’s something he should eat or not.

**The Word of Wisdom**
(Doctrine & Covenants 89)

**Eat:**
- Wholesome herbs
- Fruit
- Fruit of the vine (veggies)
- Meat sparingly
- All grains

**Don’t Eat:**
- Wine
- Strong drink (i.e. alcohol)
- Tobacco
- Hot drinks (coffee & tea)

**A Great Promise:**
You will receive health; find wisdom and great treasures of knowledge; run and not be weary; walk and not faint; and the destroying angel will pass you by.
reminds us to ‘X-amine’ our testimony on a regular basis!

General Conference is a wonderful time to reflect on our testimonies. Are there things we have questions about or are unsure of? Things we would like to understand better or have a stronger testimony of? Listen carefully to Conference with an open heart and mind. The Holy Ghost will be able to speak directly to you and answer your questions.

Directions: Use the code at the bottom of the page to help figure out some of the key elements of our testimony that we need to keep strong.

CODE:
1=A 5=E 9=I 13=M 17=Q 21=U 25=Y
2=B 6=F 10=J 14=N 18=R 22=V 26=Z
3=C 7=G 11=K 15=O 19=S 23=W
4=D 8=H 12=L 16=P 20=T 24=X
is for the Youth of a Noble Birthright!

LATTER-DAY YOUTH: A MAD LIB STORY

Directions: WITHOUT looking at the story below, fill in an answer for each of the numbers in the first box. Then read the story, filling in the answers given in the first box at the appropriate spot in the story for a funny twist on the original.
(Nota the original story can be found in the Primary 2 Lesson Manual (lesson #34)

#1. past tense verb: #7. number placement (i.e. first):
#2. place in the house: #8. adverb (ending in –ly):
#3. object: #9. family member:
#4. object: #10: an emotion:
#5. an emotion: #11. object:
#6. verb ending in –ing: #12. adjective:

JoAnne had accidentally (#1)________ her mother’s sewing scissors. She had hidden them in a (#2)________ so her mother wouldn’t know who had broken them. JoAnne’s mother was looking for the (#3)________, and she asked if anyone had seen them.

JoAnne told her mother that she had not seen the (#4)________.

JoAnne felt (#5)________ after she said that. She knew she had done wrong by (#6)________ with the scissors when she wasn’t supposed to, and now she had done a (#7)________ wrong thing by lying about it. JoAnne felt sick.

When JoAnne came to family prayer, she (#8)________ closed her eyes. She didn’t want to look at her (#9)________. As JoAnne’s father said the prayer, JoAnne heard him say, “Give us the courage to do what is right, that we might have peace of mind and joy forever.” JoAnne knew that to be (#10)________ again she needed to tell her mother the truth about the (#11)________.

JoAnne brought the (#12)________ scissors to her mother and told her mother the truth. She was sorry that she had broken the scissors and lied, and she wanted to do the right thing.
Z is for Zion. Let us be of one heart and one mind.

Help these children find their way to Zion!

Zion is a place where the people are of one heart and one mind, and live together in righteousness. How can I help my home be more like Zion?
Enjoy watching General Conference! And remember...

"whether by mine own voice or by the voice of my servants, it is the same." (D&C 1:38)

THE END